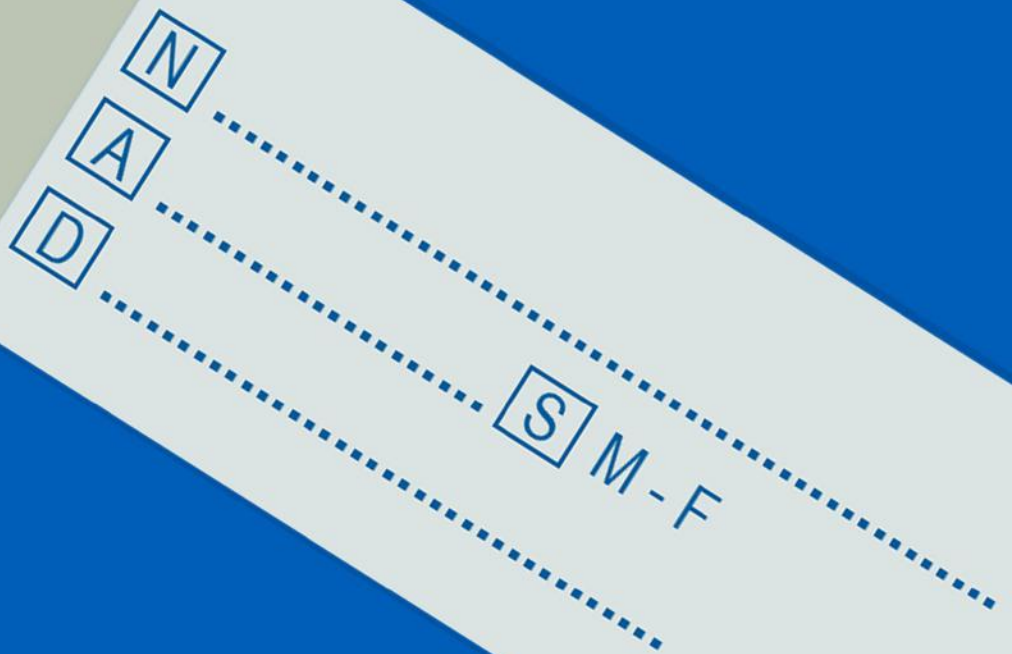


**This simple
test could save
your life.**



The Good Practice

The FIT test

Your bowel cancer screening

Bowel cancer is the 2nd deadliest cancer in the UK.

9 out of 10 people survive bowel cancer if it is found and treated early.

The easiest way to catch bowel cancer before its too late is the FIT test.

The Good Practice

How to get your test

1. Reply 'YES' to this text.
2. We will send you a kit.
3. Do the test.
4. Return it using our non-contact system.
5. We will send your results by text.

The FIT test checks your poo for early signs of cancer.

The FIT test is quick and easy, it just requires some poo!

How are we
**COVID
Safe?**

The kit is
sent to your
home, no need
for pick up.

You can
do the test
at home.

Drop the
kit back using
our no-contact
system.

“At first I didn’t want to do the test, but I soon realised that a bit of embarrassment was a small price to pay since it caught my cancer early and I’m now in remission!” - Catarina, Chelsea

Bowel cancer can kill and this simple 5 minute test can save your life.

Dont leave it too late. Reply ‘YES’ to this text.

This leaflet was made by medical students in affiliation with The Good Practice.

Any questions? Contact us:

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